



MEADOWBROOK
— APPLETON —

Upcoming Event >>>

- Wed 1:** 10:00 Therapy Group/ 1:30 Bingo/ 7:30 Movie Night
- Thu 2:** 10:30 Crepe Social Hour/ 1:30 Wii games/ Natl Crepe Day!
- Fri 3:** 10:30 Carrot Cake Social Hr./ 1:30 Movie & Popcorn/ Natl Carrot Cake Day!
- Sat 4:** Board Games in Activity Room /Natl Ice cream w/breakfast!
- Sun 5:** 1:30 Cribbage Group
- Mon 6:** 10:30 Newspaper & Curr Event/ 1:30 Yum Box/ 6:00 Puzzle
- Tue 7:** 10:30 Write a Card to a Friend/ 1:30 Bingo/ Natl Send a Card to a Friend Day!
- Wed 8:** 10:00 Therapy Group/ 1:30 True/False Trivia/ 7:30 Movie
- Thu 9:** 10:30 Bingo/ 2:00 Pizza Party in AR/ Natl Pizza Day!
- Fri 10:** 10:30 Trivia/ 1:30 Movie & Popcorn
- Sat 11:**
- Sun 12:** Resident Super Bowl Party!
- Mon 13:** 10:30 Coloring Hour for Contest/ 1:30 Bingo/ 6:00 Puzzle
- Tue 14:** 10:30 Wii Games/ 1:30 Resident Valentine’s Party!
Happy Valentine’s Day!
- Wed 15:** 10:00 Therapy Group/ 1:30 Put Gift together for CNA/ 7:30 Movie Night
- Thu 16:** 10:30 Bingo/ 1:30 Almond Social Hr & make caregiver cards/ Natl Almond Day!
- Fri 17:** 10:30 Nerf Guns/1:30 Movie & Popcorn/ Natl Caregivers Day
- Sat 18:** Wii Games in AR
- Sun 19:** Activity Sheet in AR
- Mon 20:** 10:30 Muffin Social Hr./ 1:30 Bingo/ 6:00 Puzzle Group
- Tue 21:** 10:30 Newspaper & Curr Event/ 1:30 Pancake Bar
- Wed 22:** 10:00 Therapy Group/ 1:30 Margaritas Social Hr/ 7:30 Movie Night
- Thu 23:** 10:30 Bingo/ 1:30 Make Dog Biscuits/ Natl Dog Biscuit Day
- Fri 24:** 10:30 Chips & Salsa Social Hr/ 1:30 Movie & Popcorn
- Sat 25:** Board Games in AR

- Sun 26:** 1:30 Cribbage Group
- Mon 27:** 10:30 Strawberry Social Hr/ 1:30 Resident Council/ 6:00 Puzzle
- Tue 28:** 10:30 Wii Games/ 12:30 Resident BDay Party!

Daily Activity: 5 AM – 9 AM Good Day Wisconsin in Living Rm.
Mail will be delivered daily by Whitney. Snack/Hydration Station 3:30 Daily M-F along with daily Exercise. Activities may change, look for changes on the Hallway Calendar.

Newsletter

Tips for Managing a Senior's Money as Financial POA

When an aging loved one names you as their financial power of attorney (POA), you become the point person for managing their money and making financial decisions on their behalf. This sounds straightforward enough but involves a great deal of responsibility.

An individual who has been granted financial POA has a fiduciary duty, meaning they are obligated to make financial decisions that are in the best interests of the person who appointed them. Acting as POA for an aging loved one can be daunting, but a few simple steps can help you simplify this ongoing commitment.



5 Ways to Simplify Your Job as Financial POA

- ▶ **Notify Financial Institutions:** Start off on the right foot by contacting your loved one’s bank(s), investment firm(s) and other financial institutions to inquire about what you’ll need to do to gain access to their accounts and information.
- ▶ **Keep All Funds Separate:** The number one rule for family caregivers who are helping aging parents manage their finances is to never commingle funds. It may seem easier to keep your money and theirs in one place, but the consequences of this decision can be dire. Not only will this complicate your job of accurately tracking their income and expenses, but it can also leave you vulnerable to accusations of theft and financial elder abuse.
- ▶ **Use Personal Finance Software:** One easy way to organize both your own financial information and that of your parent(s) is to purchase personal finance or money management software. You can enter monthly bills, set up payment reminders, create custom budgets and much more.
- ▶ **Get Smart About Paying Bills:** The internet has greatly expanded consumers’ options for tracking, managing and automating bill payments through apps, websites and personal finance software. Arranging for recurring monthly, quarterly and annual bill payments to be automatically deducted from a bank account or charged to a credit card can give peace of mind to an agent under POA for finances. As long as you include these amounts in your budgeting, you won’t have to worry about incurring interest or fees for missing a payment deadline. In addition to paying bills, many of these services can provide digital receipts and records and prepare financial documents for tax purposes.
- ▶ **Hire Professional Assistance:** A financial POA can hire a professional such as an elder law attorney, accountant or daily money manager (DMM) to complete their obligations when necessary and appropriate. Fees for those professional services are charged to the principal (the person who signed the power of attorney). The fee agreement should specifically spell out that the principal and/or their estate is responsible for payment. A daily money manager can provide a wide range of services, including bill paying, record keeping, budgeting, resolving credit disputes, and routine duties such as balancing checkbooks and sorting mail. Although this title has the word “daily” in it, you might only need their help for a few hours each week.

Reference: <https://www.agingcare.com/articles/financial-power-of-attorney-manage-senior-expenses-155469.htm>



Sudoku Puzzle Level: Hard

	8	7	3		4			
	3		5				4	
								7
					2	4	5	
	9	6		1		8	3	
	2	5	8					
8								
	5				7		1	
			2		1	7	6	



Employee Birthdays

Melissa H., Feb 3
 Yer L., Feb 4
 Sadhana L., Feb 8
 Jacob M., Feb 16
 Kaylee-Rose, Feb 21
 Cody L., Feb 23
 Jamie C. Feb 26



FUN FACTS ABOUT FEBRUARY

Where did the word "February" come from?

February comes from "februa," a Latin word meaning "to cleanse," and was named after a month-long purification festival held this time of the year.

Why is February shortened to 28 days?

The Roman King Numa Pompilius added January and February to the original 10 month calendar to fully sync a new calendar with the lunar year. However, Numa wanted to avoid having even numbers in his calendar, as Roman superstition at the time held that even numbers were unlucky. To try and avoid this, he chose February, a month that would be host to Roman rituals honoring the dead, as the unlucky month to consist of 28 days.

Why does it become 29 days every four years? And why is it called a leap year?

It's time for some leap year facts? Relative to avoiding even numbers, Numa added a leap month at a certain interval – with February having 29 days every four years. The term "leap" is supposed to describe how the calendar catches up with the Earth's orbit.

How and when do "Leapers" celebrate their birthday?

People born on February 29 are called "leapers." They get to celebrate their actual birthdays only every four years. They usually celebrate their birthdays on February 28 or March 1 and use these dates on official documents. Technically, if you were born on leap day, you'd be younger than your actual age.

No full moon?

February is the only month in the year that could miss having a full moon completely. Some months get a blue moon (two full moons in a month), and February often ends up with none!

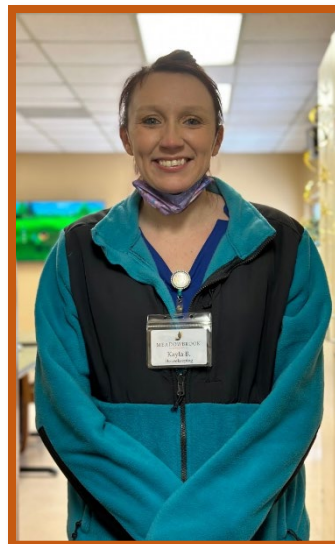
A month for the lovers

Just like December is for Christmas, February is for Valentine's Day. This is on the 14th of February every year. You'd probably think the flower of February is the rose. Well, you'd be wrong. It's actually the violet and the primrose.

<https://www.funfactsabout.com/fun-facts-about-february/>

Meet our Team >>>

Kayla
Housekeeper



Hometown: Little Chute, WI

How long have you been working at Meadowbrook?

I've been working here for 2 months.

Tell us about your family?

I have 3 kids and a husband with epilepsy.

What is something you would like to achieve?

I would like to become a LPN and do Med pass here at Meadowbrook.

What is your favorite vacation spot?

I would like to go to Serengeti - would love to explore the safari.



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